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# VIVIAN W. L. TSANG

M.D. Candidate 2021 | +1 604 376 3934 | vivianwltsang@alumni.ubc.ca

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## EDUCATION

2021 **Doctor of Medicine.** University of British Columbia  
2014-2017 **Integrated Public Health and Pharmacology.** Faculty of Science, University of British Columbia

## RESEARCH & SCHOLARLY ACTIVITIES

**Canadian Childhood Cannabinoid Clinical Trials (C4T) Initiative** *June. 2019-present*  
**Steering Committee and Co-Investigator on a 1.49M CIHR grant**

- Principal Applicant, CIHR Team Grant: Cannabis Research in Priority Areas. Cannabis for symptom management in children with cancer: a demonstration project by the Canadian Childhood Cannabinoid Clinical Trials platform
- Coordinated national youth engagement and focus groups for cannabis-related pediatric projects
- Steering committee member and advisor for national initiatives under the C4T Initiative

**BC Centre for Disease Control** *Feb. 2018-present*

**Co-Investigator on the Harm Reduction Team with Dr. Jane Buxton**

- Developed a self-initiated project leading material development, data collection and assessments with a research team to investigate the use of non-contact opioid monitoring devices and technology for people who use drugs
- Piloted a smartphone application using active short-range sonar to detect respiratory depression
- Collaborated on a \$10,000 grant with journalists from CBC and Georgia Straight to reframe how people who drugs are portrayed in media. In charge of redeveloping a pan-Canadian photo and media library for Canadian journalists

**Maternal Infant Child Youth Research Network (MICYRN) Canada** *Feb. 2018-present*

**National Director for the Canadian KidsCan Young Persons' Advisory Group for Research**

- Spearheaded the only national platform between 8 Canadian pediatric hospitals for youth to participate directly in the creation and coordination of Canadian pediatric trials. Currently establishing groups in 9 remaining centers
- Coordinated collaborations between pediatric clinician scientists in Canada and the MICYRN network
- Collaborator on the \$2.5M CHEER initiative with aims to streamline multi-site Canadian pediatric ethics reviews

**WHO Collaborating Centre, University of British Columbia** *Jan. 2018-present*

**Co-Investigator in the Global Health Research Program with Drs. Annalee Yassi and Jerry Spiegel**

- Lead qualitative analyses and one-on-one interviews and focus groups with healthcare workers in 9 hospitals in Sub-Saharan Africa on a 12-year multi-country comparison study on occupational health and safety interventions
- Spearheaded a WHO-funded project on the investigation of occupational health hazards faced by artisanal miners
- Leading risk-stratification guidelines for tuberculosis with South African Ministry of Health for 1.6 million miners

**World Health Organization Headquarters, Geneva, Switzerland** *June 2018-Jan 2019*

**Special Programme for Research and Training in Tropical Diseases (TDR)**

- Created a pilot project to crowdsourcing solutions to increase uptake of isoniazid prophylaxis treatment in Zambia leading to two manuscript publications and a longitudinal intern project expansion program
- Leveraged TDR Global online database to partner with local physicians to create new research topics and granting schemes for clinicians from lower-middle income countries
- Developed a structure for the first longitudinal internship model allowing students to complete community evaluation and partnerships with local physicians and researchers in the WHO-affiliated AFRO regions before 2025
- Spearheaded an internal gender equity campaign at the TDR global WHO headquarters

**University of British Columbia Centre for Health Excellence Scholarship** *March 2017-2019*

**Co-Investigator and AMS Student Grant Winner with Drs. Ian Scott and Kevin Eva**

- Investigated best practices to optimize pedagogical benefits of testing and knowledge transfer in medicine
- Lead student team to develop testing materials, collect and analyze data in fields of nephrology and gastroenterology
- Winner of the 2018 AMS Student Grant for UBC-wide project scale-up for interdisciplinary undergraduate students

**University of British Columbia** *March 2015-Aug. 2018*

**Co-Investigator with Dr. Richard Wassersug**

- Researched socio-relational impacts of androgen deprivation therapy on palliative prostate cancer patients
- Lead the set-up and analysis of novel eye-tracking software to investigate changes in libido for men undergoing androgen deprivation therapy for prostate cancer resulting in 4 first-author publications.
- Presented to over 300 patients at support groups and lead activities at prostate cancer fundraisers across BC

## LEADERSHIP AND GOVERNANCE

**British Columbia COVID-19 Medical Student Response Team** *March 2020-present*

**Co-founder and Steering Committee**

- Created province-wide coordinated initiative for physician and paraclinical support during COVID-19
- Coordinated over 700 medical students in BC and scaled-up the initiative to include Western Canadian medical schools. Created a mobilization toolkit used by students in Canada, United States and Australia
- Launched prescription delivery programs for immunocompromised patients and grocery drop-off system for seniors

## UBC Senate

April 2019-April 2020

### Student Senator for the Faculty of Medicine

- Student representative on the highest academic decision-making body at UBC Vancouver
- Served on the budget committee to help implement the Workday management system for UBC students
- Lead the research committee review of 60 affiliated institutions and centers, many within the Faculty of Medicine

## Canadian Medical Association (CMA)

April 2019-present

### Western Canada Student Lead

- One of 5 students across Canada selected to participate in the 2019 Election Readiness Day in Ottawa, ON
- Developed policy asks alongside CMA past-presidents and staff for the federal elections in October, 2019
- Spearheading political action involvement of Canadian medical students for the 2019 federal elections

## Canadian Federation of Medical Students Association

March 2019

### Speaker and Canadian Delegate

- Selected as one of 5 Canadian medical students at the International Federation of Medical Students Association General Assembly Ljubljana, Slovenia with representatives from over 100 countries around the world
- Lead Canadian contributions on the Standing Committee on Medical Education and three policy papers
- Keynote panel speaker to over 1000 delegates on the importance of gender-equity in medicine

## Vancouver City Council

Nov. 2017-April 2019

### Children, Youth and Families Advisory Committee

- Spearheaded a youth against homelessness initiative reinvesting funding into modular housing projects
- Advised city councillors on youth priorities for the Arbutus Greenway project, UBC Millennium Line extension
- Organized new redevelopment projects for VanPlay and the Vancouver Parks Board

## YWCA High School Mentorship Program and the UBC Women in Science Club

Sept. 2017-present

### Mentor

- Organized events once a month across the lower mainland to mentor women in undergraduate and high school
- Empowered women to pursue medical and research careers, providing personal experience and support
- Personally mentored three mentees per year whose ages span from 17 to 21 to encourage young women to pursue STEM fields

## UBC Faculty of Medicine Political Advisory Committee

Sept. 2017-May 2018

### Policy Development Committee Co-Chair

- Directed medical students across BC in writing a policy paper to represent 1100 medical students at the 2018 Provincial Lobby Day for increased resources to fund youth mental health services across the province
- Organized meetings with Members of Legislative Assemblies in Victoria, BC. Featured in the Globe and Mail

## UBC Refugee Health Initiative

Aug. 2017-May 2019

### Co-president, Medical Student Partner and Researcher

- Organized the recruitment and training of 20 medical students and translators each year
- Partnered with Immigrant Services Society of BC to help refugee families navigate the Canadian healthcare system
- Met with a refugee family with complex health conditions once a month to help them navigate medical care

## UBC Faculty of Medicine Peer Mentorship in Medical Education

Aug. 2017-Aug. 2019

### Second-year Co-Chair

- Developed innovative weekly theatre-style scenario-based education materials for first-year medical students
- Worked with residents and upper year medical students to conduct peer-led OSCE practice sessions
- First-authored a paper in the UBCMJ outlining an innovative group study methodology which has been successfully utilized by students in the Faculty of Medicine classes of 2022 and 2023

## BC Children's Hospital

Feb. 2017-Feb. 2018

### CHILD-BRIGHT Youth Advisory Panel Steering Committee Co-chair

- Selected across Canada to advise on the development of a Canada-wide national youth advisory panel as a resource for pediatric clinicians and researchers working with children with cognitive disabilities
- Consulted for networks such as Kids Brain Health and CHILD-BRIGHT with collaborators from 17 pediatric centers

## UBC Science Peer Academic Coaching

Sept. 2015-May 2017

### Academic Coach for Undergraduate Science Program

- Co-chaired the Coaches Corner Committee to create a student-friendly space on campus to foster academic wellness
- Created coaching resources to destigmatize mental health issues and connect students with supportive faculty

## INNOVATION AND ENTREPRENEURSHIP

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### Physician Occupational Safety and Health (POSH) Service

March 2020-present

#### Founding team and Coordinator for the COVID-19 Response

- Created a database system of over 3000 BC physicians to be screened and monitored for COVID-19 symptoms during the pandemic. Occupational hazards and risks identified
- Tracked exposures and liaised with five health authorities across BC to monitor recovery for physicians
- Developed early workflows and coordinated staff team and medical students for POSH shifts

## Canadian Medical Association (CMA)

August 2018

### CMA Ambassador for BC to the Inaugural Health Summit and Annual General Assembly

- Selected as one of 5 delegates from BC to attend the Health Summit focused on "Inspiring a Future to Better Health" discussing innovative solutions through health technology in Winnipeg, MB
- Spoke to an audience of 50 CMA Ambassadors about wearable opioid overdose monitoring devices designed in BC

**WE Day****Speaker**

- One of 8 youth chosen to represent Canada on an international stage to audiences of over 40,000 in Toronto and Vancouver. Empowered young people with my story of founding a non-profit after facing cyberbullying
- Guest writer for Voices International, an online magazine hosted by Free the Children
- Filmed a video vignette broadcasted in Cineplex Theatres and national news channels across Canada
- Advocated for youth alongside a video with Jacob Hoggard – lead singer in the international pop-rock band Hedley

**BC211 Social Services**

Feb. 2015-Mar. 2016

**Student Intern**

- Created new resources for the BC211 Redbook- a go-to guide for street-involved citizens including the development of innovative video series in efforts to destigmatize homelessness and vulnerably housed individuals
- Spoke with patients with eating disorders and built a resource guide on community-approved intervention strategies

**TEDx**

Feb. 2015

**Speaker**

- Presented a TED talk to over 200 audience members from BC on creating change through empowerment-based humanitarianism. Featured in media through the Vancouver School Board and local news outlets

**Soroptimist International of Vancouver**

Sept. 2014-May 2017

**Chair of the New Girls Dream It Be It Program**

- Chaired conferences for youth such as the 2014 Women's Career Conference, 2015 Mental Health and Media Literacy Conference, and 2016 Career Conference with 2000+ participants
- Liaison with the Soroptimist International Board of Directors in the creation of events across the province
- Winner of the National Women's Grant and featured in the Vancouver Courier

**International Children's Advisory Network (iCAN)**

June 2014-present

**iCAN Executive Steering Committee and Youth Council Chair**

- Co-developed more than 21 teams of young persons' advisory groups in 9 countries around the world
- Chaired monthly meetings for youth advisors from 19 teams around the world to collaborate on global pediatric research projects such as reviewing protocols for the European Commission and trial methodologies for Pfizer
- Planned annual global iCAN conferences in North America and Europe for 200+ attendees and mentored youth on the importance of patient-oriented research

**Humanitarian Organization for Providing Empowerment H.O.P.E.**

March 2012-present

**Founder and Director of a Non-Profit Organization**

- Initiated a province-wide high school mentorship program HOPE for Success with over 3000 participants
- Founded Warmth of Winter- an initiative to empower the homeless through the creation of photo portfolios
- Created the Period Problems Series- sexual health workshops for women who are vulnerably housed in Vancouver
- Collaborated and funded by the Clinton Foundation, One Resolution, and the Vancouver Foundation

**PEER-REVIEWED PUBLICATIONS**

1. Papamihali, K., Yoon, M., Graham, B., Karamouzian, M., Slaunwhite, A. K., **Tsang, V. W. L.**, Young, S., Buxton, J. A. 2020. Convenience and comfort; Reasons reported for using drugs alone among clients of harm reduction sites in British Columbia, Canada. *Harm Reduction Journal*. Submitted May, 29, 2020.
2. Loiseau, B., **Tsang, V. W. L.**, Dimaras, H., Loh, L. 2020. Exploring the Practice of Tubal Ligation in the Dominican Republic. *Global Public Health*. Submitted April 21, 2020
3. **Tsang, V. W. L.**, Bao, K., Taylor, J., 2020. Incidental findings in trauma whole-body computed tomography scans: A systematic review. *Canadian Journal of Emergency Medicine*. Submitted March 20, 2020
4. **Tsang, V. W. L.**, Fletcher, S., Thompson, C., Smith, S. 2020. A novel way to engage youth in research: evaluation of a participatory health research project by the international children's advisory network youth council. *International Journal of Adolescence and Youth*. 25(1):676-686. DOI: <https://doi.org/10.1080/02673843.2020.1716817>.
5. **Tsang, V. W. L.**, Lockhart, K., Spiegel, S. J., Yassi, A. 2019. Occupational health and safety programs for artisanal and small-scale gold mining: A systematic review for the WHO global plan of action for workers' health. *Annals of Global Health*. 2019; 85(1): 128, 1-12. DOI: <https://doi.org/10.5334/aogh.2592>.
6. **Tsang, V. W. L.**, Chew, S. Y., Junker, A. K. 2019. Facilitators and barriers to the training and maintenance of young persons' advisory groups (YPAGs). *International Journal of Pediatrics and Adolescent Medicine*. DOI: <https://doi.org/10.1016/j.ijpam.2019.10.002>.
7. **Tsang, V. W. L.**, Papamihali, K., Crabtree, A., Buxton J. A. 2019. Evaluation of technological solutions for overdose monitoring. *Substance Abuse*. 1-10. DOI: <https://doi.org/10.1080/08897077.2019.1680479>.
8. Yassi A, Mabhele S, Wilcox E.S., **Tsang V. W. L.**, Lockhart K. 2019. 'It showed us the reality of how we made people feel': An embodied exercise to address HIV and tuberculosis related stigma of healthcare workers in Southern Africa. *Journal of Applied Arts and Health*, 10(1), 73-85. DOI: 10.1386/jaah.10.1.73\_1
9. **Tsang, V. W. L.**, Lum N., Ohm, H., Sagorin, Z., Yu, A. 2019. The iterative development of a simulation-based group study method for preclinical students. *University of British Columbia Medical Journal*, 10(2), 16-18.
10. **Tsang, V. W. L.**, Hamilton, L., Wassersug, R. J. 2019. On men, masculinities, and its implication to advancing men's health. *Psychology of Men and Masculinities*, 20(2), 166-173. DOI: 10.1037/men000175
11. **Tsang, V. W. L.**, et al. 2019. Highlighting Current Needs in Addressing Youth Mental Health in British Columbia. *University of British Columbia Medical Journal*, 10(2), 31-33.

12. **Tsang, V. W. L.**, et al. 2019. Role of patients and parents in pediatric drug development. *Therapeutic Innovation & Regulatory Science*, 53(5), 601-608. DOI: 2168479018820875.
13. **Tsang, V. W. L.**, Wassersug, R. J. 2018. Men's health research versus andrology – Defining the division and closing the divide. *Journal of Men's Health*, 14(3), e20-e32, DOI: 10.22374/1875-6859.14.3.2
14. **Tsang, V. W. L.**, Skead C., Wassersug, R. J., Palmer-Hague, J. 2018. The impact of prostate cancer treatments on men's sense of their manhood: Implications for understanding masculinity. *Psychology of Men & Masculinity*, 20(2), 214-225. DOI: 10.1037/men0000184
15. Palmer-Hague, J., **Tsang, V.**, Skead, C., Wassersug, R., Nasiopoulos, E., Kingstone, A. 2017. Androgen deprivation therapy alters attention to sexually provocative visual stimuli in elderly men. *Sexual Medicine*, 5(4), e245-e254, DOI: 10.1016/j.esxm.2017.10.001.
16. Skead, C., **Tsang, V.**, Palmer-Hague, J.L., Wassersug, R. J., Nasiopoulos, E., Kingstone, A. 2016. Using eye-tracking to quantify the impact of prostate cancer treatments on male libido: A pilot study. *J Clin Oncol* 34 (Suppl 3S): Abstr 231, DOI: 10.1200/jco.2016.34.3\_suppl.231.

## NON-PEER-REVIEWED PUBLICATIONS

1. Harrington, S., **Tsang, V. W. L.**, Spiegel, J., Yassi, A. 2020. Health and safety of health workers in the context of COVID-19: A global survey. *WHO Report for World Patient Safety Day 2020*. Presented Sept 17, 2020.
2. **Tsang, V. W. L.**, Mihut, M., Launois, P. 2019. Evaluation of a WHO pilot programme in Zambia for the uptake of isoniazid prophylaxis treatment. *Special Programme for Training and Research in Tropical Diseases Website*. July 9, 2018.

## CONFERENCE AND TALKS

1. **Tsang, V. W. L.** Tuberculosis prophylaxis leveraging ideas from a community crowdsourcing platform. *Annual Meeting of the Union – North American Region for the International Union Against Tuberculosis and Lung Disease*. Chicago, United States of America. February 27-29, 2020. **Poster Presentation**
2. **Tsang, V. W. L.**, Mihut, M., Launois, P. Research capacity building in Zambia by the World Health Organization Special Programme for Research and Training in Tropical Diseases. *Public Health Association of British Columbia*. Vancouver, Canada. November 14, 2019. **Oral Presentation**
3. Mankowski, P., **Tsang, V.**, Wang, A., Demsey, D., Genoway, K.; Thoma, A. 2019. Reporting outcomes and outcome measures in transgender breast construction surgery: A systematic review. *University of British Columbia Department of Surgery Chung Research Day*. November 4, 2019. **Poster Presentation**
4. Yassi A, Mabhele S, Wilcox ES, **Tsang V. W. L.**, Lockhart, K. Arts-based exercises to address infectious disease transmission patterns amongst health workers. *11<sup>th</sup> International Joint Conference on Occupational Health for Health Workers Conference*. Hamburg, Germany. October 22-24, 2019. **Oral Presentation**
5. **Tsang V. W. L.** Bioethics and Adolescent Factors Panel. *Institute for Advanced Clinical Trials for Children Pediatric Innovation Forum*. Bethesda, United States of America. October 15-16, 2019. **Speaker Panel**
6. Wang, A., **Tsang, V. W. L.**, Mankowski, P., Demsey, D., Genoway, K., Thomas, A. Reporting outcomes and outcome measures in transgender phalloplasty surgery: A systematic review. *American Society of Plastic Surgeons Annual Meeting*, San Diego, United States of America. September 22-23, 2019. **Oral Presentation.**
7. Wilcox ES, **Tsang V. W. L.**, Yassi, A. HealthWISE: An implementation study in Sub-saharan Africa. *Pan-American Health Organization/ World Health Organization Meeting of Collaborating Centers on Occupational Health*. Washington DC, United States of America. August 22-23, 2019. **Oral Presentation**
8. Sagorin, Z., **Tsang, V. W. L.**, Scott, T., Karimuddin, A. Quarter century evaluation of gender equity in general surgery residency. *BC Surgery Conference*. Penticton, Canada. May 9-11, 2019. **Oral Presentation.**
9. Wang, A., **Tsang, V. W. L.**, Mankowski, P., Demsey, D., Genoway, K.; Thomas, A. 2019. Reporting outcomes and outcome measures in transgender phalloplasty surgery: A systematic review. *Canadian Society of Plastic Surgeons 73<sup>rd</sup> Annual Meeting*. St. John's, Canada. June 25-29, 2019. **Oral Presentation.**
10. **Tsang, V. W. L.**, Lockhart K., Spiegel, S., Yassi, A. 2019. Occupational health and safety programmes for artisanal and small-scale gold mining: A systematic review. *Cascadia 2019- Annual Symposium on Environmental, Occupational, and Public Health*. Blaine, United States of America. January 10-11, 2019. **Oral Presentation.**
11. Yassi A, Mabhele S, Wilcox ES, **Tsang V. W. L.**, Lockhart, K., 2019. Addressing HIV- and TB-related stigma using an embodied exercise with health workers in South Africa. *Cascadia 2019- Annual Symposium on Environmental, Occupational, and Public Health*. Blaine, United States of America. January 10-11, 2019. **Oral Presentation**
12. **Tsang, V. W. L.**, Papamihali, K., Crabtree, A., Buxton, J. A. Acceptability of technological solutions to overdose monitoring for people who use drugs. *BC Quality Forum*. Vancouver, Canada. February 27, 2019. **Poster Presentation**
13. **Tsang, V. W. L.**, Papamihali, K., Crabtree, A., Buxton, J. A. 2019. Acceptability and accessibility of non-contact respiratory monitors for people who use drugs. *Public Health Association of British Columbia*. Vancouver, Canada. November 11, 2018. **Oral Presentation**
14. El-Sayegh, L., Smith, S., Thompson, C., **Tsang V. W. L.**, 2018. Perceptions of transition from pediatric to adult care for youth with chronic and rare diseases: A participatory health research project. *American Academy of Pediatrics National Conference and Exhibition*, Orlando, United States of America. November 2-6, 2018. **Poster Presentation.**

15. El-Sayegh, L., Smith, S., Thompson, C., **Tsang V. W. L.**, 2018. Perceptions of transition from pediatric to adult care for youth with chronic and rare diseases: A participatory health research project. *Southeastern Pediatric Research Conference*. June 8, 2018. **Poster Presentation**.
16. Bo, J., Fletcher, S., Janusz, N., Chew, S. Y., Janusz, M., Bertrand, M., Thompson, C., Woods, H., Smith, S., Thompson, C., Thompson, C., Gwara, M., **Tsang, V. L.** 2017. Use of centralized electronic medical records system in pediatric care. *American Academy of Pediatrics National Conference and Exhibition*, Chicago, United States of America. *September 15-19, 2017*. **Poster Presentation**.
17. Frederico, N. M., **Tsang, V. W. L.**, Thompson, H. G., Thompson, C., Srivastava, S., Stimpfl, J., Thompson, C. A., Smith, S. R., 2016. Young persons' advisory groups improving meaningful medical care for pediatric patients. *Pediatric Academic Society Conference*, Baltimore, United States of America. April 30-May 3, 2016. **Poster Presentation**
18. **Tsang, V. L.**, Skead, C., Palmer-Hague, J., Wassersug, R. J. 2017 The Impact of Prostate Cancer Treatments on Men's Sense of Manhood: Implications for Understanding Masculinity. *Multidisciplinary Undergraduate Research Conference*, *University of British Columbia*. **Poster Presentation**
19. **Tsang, V. W. L.**, Palmer-Hague, J., Skead, C., Wassersug, R. J., Nasiopoulos, E., Kingstone, A. K. 2016. Using Eye-Tracking to Quantify the Impact of Prostate Cancer Treatments on Male Libido: A Pilot Study. *Students in Health Undergraduate Research Conference*. **Poster Presentation**

## SELECTED GRANTS & ACHIEVEMENTS

- 2020 Collaborator on a New Frontiers in Research Fund - Transformation 2020 Application Title: Cannabis use for medical purposes in children: transforming anecdotes into safe and effective, evidence-informed clinical care and policies for families, schools and hospitals. (\$22,70M)
- 2020 Canadian Medical Association Award for Young Leaders
- 2019 British Columbia Medal of Good Citizenship
- 2019 Impact BC Scholarship in Health Care Research and Development (\$1500)
- 2019 UBC Chapman Innovation Grant (\$10,000)
- 2019 UBC Student Leadership Conference Faces of Today Award
- 2018 Clinton Foundation Resolution Fellowship (\$30,000)
- 2018 AMS Impact Grant (\$3000)
- 2018 UBC Medical Undergraduate Society Travel Award (\$100)
- 2018 Soroptimist International National Women Award (\$7500)
- 2018 UBC Margaret Fulton Award (\$500)
- 2018 UBC Connect to Community Grant (\$1350)
- 2017 UBC Ultan Patrick Byrne Education Trust Fund (\$3500)
- 2017 UBC Faculty of Medicine Student Summer Research Project Grant (\$2800)
- 2017 City of Vancouver Award of Excellence
- 2017 UBC Wesbrook and Premier Thelma Sharp Cook Scholarship (\$6400)
- 2016 UBC J Fred Muir Scholarship in Science (\$500)
- 2016 Science Undergraduate Society Science Student Achievement Award (\$500)
- 2016 NSERC Undergraduate Student Research Award (\$4800)
- 2015 UBC Faculty of Medicine Student Summer Research Project Grant (\$2800)
- 2015, 2016 UBC Trek Excellence Scholarship (top 5% of faculty) (\$1500)
- 2015 UBC Dean of Science Scholarship (\$500)
- 2015, 2016 UBC Science Scholar (+90% average) 2015,
- 2014 Schulich Leader Scholarship at the University of British Columbia (\$60,000)
- 2014 Violet Richardson Award Vancouver and Western Canada Regional Winner (\$2500)
- 2014 Canada's Top Teen Philanthropist Scholarship Finalist (\$1000)
- 2014 National Loran Scholarship Finalist (\$3000)
- 2014 National Future Aces Scholarship (\$1000)
- 2014 BC Hydro Power Pioneers Community Service Award (\$1000)
- 2014 The Hatfield Society Scholarship (\$1000)
- 2014 Coast Capital Savings Scholarship (\$2000)
- 2014 Trevor Linden Community Leadership Scholarship (\$2500)
- 2014 Steve Cowan Scholarship for Leadership Action (\$500)
- 2014 Magee Academic Silver Scholarship for the graduating student with the highest academic average
- 2014 Duke of Edinburgh Gold Certificate
- 2014 Girl Guides of Canada Chief Commissioner's Award Gold Pin
- 2014 Girl Guides of Canada Commonwealth Award
- 2014 Gold Service Award for over 1000 hours of in-school volunteer work
- 2010-2012 Recipient of the Magee Top Academic Student Award
- 2009-2014 Principal's List (+95% academic average)

## SELECTED MEDIA & EVENTS

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- April 23, 2020. *Recognizing our Doctors of Tomorrow: making a difference during COVID-19*. Doctors of BC. <https://www.doctorsofbc.ca/doctors-making-difference/recognizing-our-doctors-of-tomorrow-covid19>
- April 20, 2020. *Making a difference: UBC students help frontline medical workers during COVID-19*. UBC Faculty of Medicine. <https://www.med.ubc.ca/news/making-a-difference-ubc-students-help-frontline-medical-workers-during-covid-19/>
- March 29, 2020. *BC COVID19 Medical Student Response Team* Vancouver Sun <https://vancouver.sun.com/news/local-news/medical-students-step-up-to-help-doctors-nurses-and-first-responders/?fbclid=IwAR1k5I1uNtopCBQpiIqPO-WCVCyf745-UzhixE5kmfKM5wL9IES24VOW6Xc>
- March 24, 2020 *Medical students running errands for health-care workers and their families*. National Post <https://nationalpost.com/pm-news-pmn/canada-news-pmn/medical-students-running-errands-for-health-care-workers-and-their-families>
- March 24, 2020 'We wanted to do something': UBC students volunteer their time to fight against COVID-19'. The Ubybessey [https://www.ubysessey.ca/science/students-volunteer-against-covid/?ref=frontpage&fbclid=IwAR2c3AMtGPegRdgYHoAONM\\_N9V14imHYxAgcZpJbZf2JsbGRa2hX2I15idM](https://www.ubysessey.ca/science/students-volunteer-against-covid/?ref=frontpage&fbclid=IwAR2c3AMtGPegRdgYHoAONM_N9V14imHYxAgcZpJbZf2JsbGRa2hX2I15idM)
- March 19, 2020 *Burnaby doctors get help from UBC med students sidelined by COVID-19*. Vancouver Courier [https://www.vancourier.com/living/seniors/burnaby-doctors-get-help-from-ubc-med-students-sidelined-by-covid-19-1.24102097?\\_ev\\_id=584357\\_ain%27t\\_true\\_%26\\_uncle\\_false](https://www.vancourier.com/living/seniors/burnaby-doctors-get-help-from-ubc-med-students-sidelined-by-covid-19-1.24102097?_ev_id=584357_ain%27t_true_%26_uncle_false)
- March 19, 2020 *BC COVID19 Medical Student Response Team* CBC on the Coast Radio Segment.
- Feb 2, 2019. *UBC Student Leadership Conference* Faces of Today Interview <https://www.youtube.com/watch?v=bXt8OGqfqOo&t=7s>
- March 2, 2017 *Global News BC*. Guest speaker on Noon News segment on winning the 2017 Vancouver Awards of Excellence as Founder of the Humanitarian Organization for Providing Empowerment <https://www.youtube.com/watch?v=-CO3JgMLIAw>
- Summer 2017 *Global News National*. WE Day youth ambassador segment on Canada's 150 Anniversary [https://www.youtube.com/watch?time\\_continue=2&v=-CUyFo5oDIQ](https://www.youtube.com/watch?time_continue=2&v=-CUyFo5oDIQ)
- 2017 International Day of the Girl Whistler, BC, *keynote speaker* <https://www.youtube.com/watch?v=xMmPVz3moqM&t=2s>
- 2017 American Academy of Pediatrics Family Patient Network Youth Innovators Webinar, *speaker*
- Nov, 10, 2016 *TEDxYouth*. <https://www.youtube.com/watch?v=DE8lJcNSL8c>
- May 5, 2016 *Vancouver Courier*. Soroptimist International 90<sup>th</sup> Anniversary as Chair of the Vancouver Dream It Be It Girls Program
- April 6, 2015 *FM 96.1 evening segment*. Project Shine English teaching experience in rural China